



## Grade 5 Template

### Ladybug Foundation Education Program Template: Atlantic Provinces

#### Overview

- Students will display sensitivity to the needs and abilities of others, and show respect for the rights and feelings of others.
- Students will identify how self concept and varying perspectives are affected by others.
- Students will show a willingness to work cooperatively and collaboratively with others to achieve a social action/goal.

### Health Curricular Connections

#### MENTAL HEALTH:

1. Identify personal interests, abilities and strengths
2. Understand the basic concept of self-efficacy and some factors which influence it
3. Understand the interrelationship of physical and mental health, and general well-being
4. Understand that the way we are treated impacts on self-esteem and general emotional well-being
5. Recognize what is realistic in terms of personal achievement

#### RELATIONSHIPS:

2. Realize that one's behaviour may be influenced by peers
3. Identify some positive and negative peer influences
4. Identify reasons why peer pressure is effective
5. Describe ways to counteract negative peer pressure
8. Apply the decision-making process to daily activities
9. Examine some of the advantages and disadvantages of independent decision making
11. Explain how a person can be influenced by group pressure
12. Identify some advantages of group participation
13. Outline some personal and peer problems and plan how to deal with them
14. Recognize that some behaviours toward children may be classified as abusive

#### Outcomes taken from:

**Towards a Comprehensive School Health Program: An Elementary Health Curriculum Guide**



## **Enduring Understanding**

Compassion and empathy overcome prejudices and stereotypes as we acknowledge and understand the varying perspectives of societal diversity. In doing so, we recognize and display respect for the rights and feelings of others.

### **An Inquiry Into:**

**Understanding the perspective of others develops compassion.**